

**VIJAYANAGARA SRI KRISHNADEVARAYA UNIVERSITY
BELLARI**

Department of Studies and Research in Social Work



Syllabus

Department of Studies and Research in Social Work

BACHELOR OF SOCIAL WORK

(I to VI Semester)

With effect from 2016-2017

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List of Courses for BSW Program
As per UGC curriculum and VSK University UG CBCS Program
WEF 2016-17 Academic Year

Code	Type of Subject	Title	Internal Marks	External Marks	Total	Hours per Week	Credits
Semester –I							
BSWH 101	Hard Core	Introduction to Social Work	20	80	100	4	04
Semester –II							
BSWH 201	Hard Core	Human Growth and Development	20	80	100	4	04
BSWOE 202	Open Electives	Social Science Perspectives for Social Work Practice	20	80	100	4	04
Semester –III							
BSWH 301	Hard Core	Work with Individuals and Families	20	80	100	4	04
BSWOE 302	Open Electives	Family Life and Life Skill Education	20	80	100	4	04
Semester –IV							
BSWH 401	Hard Core	Social Work Research	20	80	100	4	04
Semester –V							
BSWH 501	Hard Core	Social Work with Rural and Tribal Communities	20	80	100	4	04
BSWS 502a	Soft Core	Management of Non Governmental Organizations	20	80	100	4	04
BSWS 502b	Soft Core	Communication and Counselling	20	80	100	4	04
BSWS 502c	Soft Core	Social Work and Health Care	20	80	100	4	04
BSWS 502d	Soft Core	Social Work with Elderly	20	80	100	4	04
BSWOE 503	Open Electives	Rehabilitation and Aftercare Services	20	80	100	4	04
Semester –VI							
BSWH 601	Hard Core	Social Work with Urban Communities	20	80	100	4	04
BSWS 602a	Soft Core	Population Dynamics and Family Welfare	20	80	100	4	04
BSWS 602b	Soft Core	Women's Empowerment	20	80	100	4	04
BSWS 602c	Soft Core	Social Work and Mental Health Care	20	80	100	4	04
BSWS 602d	Soft Core	Legal information for Social Workers	20	80	100	4	04

BACHELOR SOCIAL WORK
COURSE OF VSK UNIVERSITY

BSW: Semester I

BSWH 101: INTRODUCTION TO SOCIAL WORK

Sub Code: BSWH 101	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. Understand the basic concepts pertaining to social work profession and to understand the context and reasons for the origin and development of social work in India and the West.
2. Understand the rationale, goals, ideals and ethics for bringing about desired social change.

Module I:	Social Service tradition in India:	10 Hours
	Social Service tradition in India: Culture, Religious, Roots of Charity and Philanthropy. Approaches to Persons in need. Role of Institutions like the Joint family, the Caste Groups and the Panchayats in meeting Human needs. The emergence of the rationalistic – Humanistic tradition.	
Module II:	Social Reform Movements:	12 Hours
	Social Reform Movements: contribution of major Saints and Social Reformers of the 19th and 20th century and their Contributions to Social Welfare.	
Module III:	Role of state and voluntary organizations:	12 Hours
	Role of state and voluntary organizations in social welfare in India and in the current situation. Social welfare, social services, Social Development.	
Module IV:	Historical development of social work:	14 Hours
	Historical development of social work: Over-view of the in the international perspective with reference to the ideal of the welfare state. Emergence and the development of professional social work, development of social welfare in India after independence.	
Module V:	The Goals of Social Work:	12 Hours
	The Goals of Social Work Developmental/ Promotional/ Remedial/ Ameliorative-Radical concepts of social reform. Values of the professional Social Work, such as belief in the inherent worth and dignity of the person, acceptance of physical, emotional, social and spiritual needs of the individual, capacity of the individual for growth and change, be involved in his/her life, and the right to self-fulfillment.	

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14. University Grants Commission. Review of Social Work Education in India, Retrospect and Prospect, University Grants Commission, New Delhi, 1980.
15. Wadia, A.R: History and Philosophy of Social Work in India, Bombay, Allied Publishers, 1968.
16. Yelaja, S.A.: Ethical Issues in Social Work, Springfield, Charles, C. Thomas, 1982.
17. Younghusband, E: Social Work and Social Values, Vol.III, George Allen and Unwin, 1967.

BACHELOR SOCIAL WORK
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BSW: Semester II

BSWH 201: HUMAN GROWTH AND DEVELOPMENT

Sub Code: BSWH 201	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. Develop an overall understanding of the principles of growth; their relevance and application to behavior at various phases in the life span.
2. Understand the twin roles of individual's heritage and environmental influences in growth and development.

Module I:	Human Development:	10 Hours
	Human Development: Determinants, stages of Human Development / Prenatal Development, Infancy and Childhood ; Preschool & Middle school –Childhood, Puberty & Adolescence, Early & Middle Adulthood, Later Adulthood & Aging Characterizes (stages of human development may be described only in brief).	
Module II:	Human Behaviour:	12 Hours
	Human Behaviour: Heredity & Environment: Heredity- concept and mechanisms, Environment – internal and external, interplay of heredity and environment in shaping behavior. Environment and early development of the child. Motivation; concepts of motives, types of motives with special reference to social motives.	
Module III:	Personality:	12 Hours
	Personality: Definition , Nature & Assessment, Brief discussion of some Theories- Psycho-Dynamic Theories (Freud, Jung & Adler) Behavior and Learning Theories (Dollard & Miller, Skinner, Bandura &Walters) Humanistic Theories (Rogers and Maslow). Note: the theories may be discussed only in brief to highlight major contributions of each towards explaining personality	
Module IV:	Basic Psychological Processes:	14 Hours
	Basic Psychological Processes: Intelligence – concept, levels and assessment. Learning: nature and definition of learning, remembering and forgetting, factors of forgetting – motivated forgetting, psychological amnesia.	
Module V:	Adjustment:	12 Hours
	Adjustment: concept of adjustment and maladjustment. Factors in adjustment, stress, frustration and conflicts, coping strategies, attitudes, values and adjustment, psychological testing, definition & principles of psychological testing, use of testing in social work	

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BACHELOR SOCIAL WORK
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BSW: Semester II

BSWOE 202: SOCIAL SCIENCE PERSPECTIVES FOR SOCIAL WORK PRACTICE

Sub Code: BSWOE 202	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. Understand the concepts of social science and examine social phenomenon and develop skills to analyse Indian society and change.
2. Understand change and conflict and understand the system for economic order, skills for social analysis and development and its impact.

Module I:	Sociology and its relationship to other disciplines:	10 Hours
	Sociology and its relationship to other disciplines: Meaning, scope and significance - Its relationship with other social sciences such as History, Economics, Politics, Psychology, Anthropology and Social work. Society and Culture: Society as a system of relationship - Social Structure: Meaning, status and roles - Culture: Meaning and contents - Tradition, customs, values, norms, folklore and mores. Indian Society: Composition of Indian Society: the concept of unity amidst diversity - Social classification in India: Tribal, rural and urban divisions - Social stratification in India: Meaning, caste, class divisions. Socialisation: Meaning, process of socialisation - The development of self - Agencies of socialisation.	
Module II:	Social Groups, Social Institutions and Social Control:	12 Hours
	Social Groups, Social Institutions and Social Control - Meaning and types: Primary and Secondary groups, in-groups and out-groups, reference groups - Types of social institutions: Marriage, Family, Religion, State and Law. Meaning and Functions of Social Control: Social Control exercised through the social institutions Theories of Society: Significance of a theoretical understanding of society – Evolutionary, cyclical, conflict and systems theories.	
Module III:	Development - A Human Right Perspective:	12 Hours
	Development - A Human Right Perspective: Social Ideals of Indian Constitution - Fundamental Rights - Human Rights. Socio-economic order and comparative economic system: Capitalism, Socialism and Mixed economy, their features, merits and demerits - Marxian political economy. Social Analysis: Significance of social analysis: A brief analysis of socio-economic, political and cultural systems - Inter-linkages in the Indian context.	
Module IV:	Under-development and its causes and Contemporary Development Dynamics:	14 Hours
	Under-development and its causes and Contemporary Development Dynamics: A historical overview with reference to developing countries of Asia, Africa and Latin	

	America - North-south relations, world trades, Multinational corporations and their influences on Third World economics - Trends and counter trends (Paradoxes) in the global, political, economic, military, ecological and socio-cultural spheres. Theories of Economic Development, Globalisation and its impact on Developing Countries: Stages of growth theory - Structural internationalist theory. Privatization, liberalization and structural adjustment programmes - Role of international financial institutions.	
Module V:	Social Change:	12 Hours
	Social Change: Meaning, characteristics and factors inducing change with reference to India. Social Movements in India: Meaning, factors essential for a Movement - Dominant social movements in India - Social reform movement and contributions of social reforms - Peasant movement - Trade Union movement - Social movements and social change in India.	

REFERENCES:

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21. Srinivas, M. N. 1996: Village, Caste, Gender and Method (Essay in Indian Social Anthropology), Delhi: Oxford University Press.

Journals/ Magazines:

1. Sociological Bulletin (Journal of the Indian Sociological Society).
2. Contribution to Indian Sociology.
3. Social change, Issues and Perspectives (Journal of the Council for Social Development).
4. Economic and Political Weekly, EPW Research Foundations, Mumbai.

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BSW: Semester III

BSWH 301: WORKING WITH INDIVIDUALS AND FAMILIES

Sub Code: BSWH 301	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand human behavior and coping capacities of individuals.
2. To understand the principles and techniques of working with individuals and families and to learn the applicability of social case work in various setting.

Module I:	Understanding the individual:	10 Hours
	Understanding the individual: individual reactions to stress, coping and defense mechanisms, application of concepts from ego psychology, socialization and role theories, analysis of factors affecting individual differences in needs, behaviour and coping capacities, and family dynamics and their impact. Historical development of the method of case work, importance of the method. Values and basic principles underlying work with individuals, viz. acceptance, confidentiality, non biased attitude and client participation	
Module II:	Application of method:	12 Hours
	Application of method: to concrete problems as a result of environmental/ circumstantial factors. Introduction to approaches in working with individuals and families, development, promotive, remedial. Work with the individual in the context of the family and other sub-systems. Major components in the methods; person, problem, place (setting/ organization/ agency) process. Phases of social case work.	
Module III:	Communication, Relationship, Interview techniques:	12 Hours
	Communication: techniques of listening, giving feedback, verbal and non-verbal communication, skills to deal with barriers and enhance worker's and individual's communication skills. Relationship: initiating contact and collecting information and sustaining professional relationships. Types of relationship. Collaborative, co-operative, conflict, handling problems related to relationship viz, handling resistance, transference and counter transference. Interview techniques: phases in the problem solving process from initial contact to termination.	
Module IV:	Social Case work:	14 Hours
	Social Case work. Counseling, psychotherapy, family therapy. Similarities and differences. Role of social worker: enabler, facilitator, resource mobilizer and guide. Meaning, importance and uses of recording. Types of recording, summary and Evaluation	
Module V:	Theories and Models of Helping:	12 Hours
	Theories and Models of Helping: Psycho-analytical, psycho social, problem solving, crisis intervention. Growth of professional self. Application of case work method in Family and child welfare settings, School settings, Medical and psychiatric settings, Correctional settings, Industrial settings	

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**BACHELOR SOCIAL WORK
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BSW: Semester III

BSWOE 302: FAMILY LIFE AND LIFE SKILL EDUCATION

Sub Code: BSWOE 302	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand the relevance of family life education to family welfare and to understand the concept of life skills education.
2. To learn to use the principles, methods and skills of social work for family welfare.

Module I:	Marriage and Family:	10 Hours
	Marriage and Family: Meaning, definitions and types of marriage; Functions of marriage; Different aspects of marriage – biological, psychological, social and legal aspects. Meaning, definitions and types of family; Functions of family; Family Values and Influence of Socio-Cultural and Religious Dimensions on Family Life.	
Module II:	Issues Affecting Marriage and Family Life:	12 Hours
	Issues Affecting Marriage and Family Life: Factors Influencing Choice of Marital Roles (Family, Peer Group, Culture, and Employment of Women); Role conflicts – reasons and management strategies; Role changes in different phases of marriage; Sexual relation and adjustment in marriage.	
Module III:	Problems Encountered in the Family and Intervention Programmes:	12 Hours
	Problems Encountered in the Family and Intervention Programmes – Individuals facing problems, childlessness, marital problems, abuse and violence. Divorce, Separation and Migration: Meaning, causes, consequences and remedial measures for ‘divorce’; Meaning, causes, consequences and remedial measures for ‘separation’; and Meaning, causes, consequences and remedial measures for issues arising out of ‘migration’ on the family life.	
Module IV:	Concept of Family Life Education:	14 Hours
	Concept of Family Life Education: Meaning, definition, characteristics and objectives of Family Life Education; Need for planning for family and for responsible parenthood; Family Planning Methods – types, advantages and disadvantages; Medical Termination of Pregnancy and Issues Associated with it.	
Module V:	Basic Concepts in Life Skills Education:	12 Hours
	Basic Concepts in Life Skills Education: Meaning, definition, components and objectives of Life Skill Education; Role of home, school and media in life skill education; Role of Social Workers in Family Life Education and Life Skill Education.	

REFERENCES:

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**BACHELOR SOCIAL WORK
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BSW: Semester IV

BSWH 401: SOCIAL WORK RESEARCH

Sub Code: BSWH 401	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand the need for Scientific Approach to human inquiry in place of common sense approach.
2. The Conceptualize and formulate a simple research project, prepare and administer of simple tools of data collection and report writing skills.

Module I:	Social Work Research and Social Research:	10 Hours
	Social Work Research and Social Research – Concept, objectives - Social Work Research as a method of social work – Importance of Social Work Research – Steps - Identifying and formulating a problem from the learner’s experience in field work or through reading – Deriving objectives and raising research questions. Clarifying concepts and variables Formulation of Hypotheses.	
Module II:	Research Designs:	12 Hours
	Research Designs: Case studies survey (exploratory and explanatory) Experimentation (natural or post-facto, quasi, field and laboratory) Impact studies, cost-benefit studies, monitoring and evaluation; Social indicators.	
Module III:	Research Tools:	12 Hours
	Research Tools: Observation, interview schedule, Guide. Questionnaire, Methods of Data Collection: Observation and interview – Pilot study and Pre-testing – Sources of data: Primary and Secondary _ published and Unpublished Sampling: Need, types and Procedures – Determination of sample size.	
Module IV:	Data Analysis:	14 Hours
	Data Analysis: Preparing univariate and bivariate tables and simple graphic presentation – Computing percentages and Measures of Central Tendency – Arithmetic Mean, Mode and Median, Measures of variation – range, standard deviation.	
Module V:	Data Interpretation:	12 Hours
	Data Interpretation: writing a short report of the finding. Deriving Implications of the findings for field practice – Computer application and Social work research.	

REFERENCES:

1. Aggarwal, Y.P: Statistical Methods, Sterling Publishers Pvt. Ltd. Bangalore, 1988.
2. Goode, W.J. and Hatt, P.K: Methods in Social Research, McGraw Hill, New York, 1962.
3. Gupta, S.P: Statistical Methods, Sultanchand and Sons, New Delhi, 1984.
4. Kothari, C.R: Research Methodology – Methods and Techniques, Second Edition, Wishwa Prakashan, New Delhi, 1990.
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BSW: Semester V

BSWH 501: SOCIAL WORK WITH RURAL AND TRIBAL COMMUNITIES

Sub Code: BSWH 501	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To develop an understanding of tribal and rural communities and to understand the characteristics and problems of tribal and rural communities.
2. To acquire knowledge about the contribution of Government and Non-governmental organizations to tribal and rural development and develop an understanding of the functions of Panchayat Raj Institutions with particular reference to Karnataka

Module I:	Rural Society and Development:	10 Hours
	Rural Society – Historical perspective. Analysis of the basic problems- Indian rural economy- role of agriculture in the rural economy – need for agricultural development- social forestry. Rural Development- nature and scope in India-changes in rural scenes- social implications- early experiments, sriniketan, marthandom and gurgaon –rural reconstruction in Baroda, firka scheme in madras- nilokhere experiment, Etowah pilot project. History of Indian peasant’s movement. Rural development programme; objectives, characteristics, organization and administration –evaluation.	
Module II:	Co-operation:	12 Hours
	Co-operation: Meaning and Scope – Philosophy and principles of co-operation- ccooperative movements in India. Origin and history –role of co-operatives in rural areas. Panchayath raj: Origin, philosophy and characteristics-Balwant rai mahta committee report-Ashok Mehta committee report - Panchayats raj in Karnataka. Role of social worker: working with voluntary organizations and governmental agencies in rural areas.	
Module III:	Scheduled Tribes:	12 Hours
	Scheduled Tribes: Definition of - major scheduled tribes in India and with special reference to Karnataka and their ecological distribution. Characteristics of tribal society: economic, social, political and cultural problems of tribal life: employment, communication, health, education, housing, indebtedness – exploitation of tribals and the impact acculturation on tribal society.	
Module IV:	Historical Analysis of Tribal Society:	14 Hours
	Historical Analysis of Tribal Society: ancient, medieval, colonial and post independent. Emerging trends in tribal social institutions- family and kinship systems, economic structure (land relations), political organizations. Tribal communication – linguistics.	
Module V:	Government Programmes:	12 Hours
	Government Programmes: since independence and their impact on tribal societies, programmes of voluntary agencies and their impact on tribal societies – social work intervention – needs, scope and importance. Use of legislation and policies relevant to issues existing in the tribal community. Social work with tribal communities.	

REFERENCES:

1. Bhalla, Alok and Bumke, Peter J. (EDs): Images of Rural India in the 20th Century, Sterling Publishers Pvt.Ltd., New Delhi, 1992.
2. Brahmananda, P.R: Narayan, B.K and Kalappa, A. (Eds): Dimensions of Rural Development in India, Himalaya Publishing House, Bombay, 1987.
3. Desai, A.R. (ED.): Rural Sociology in India, Popular Prakashan, Bombay, 1978.
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**BACHELOR SOCIAL WORK
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BSW: Semester V

BSWS 502a: MANAGEMENT OF NON GOVERNMENTAL ORGANISATIONS

Sub Code: BSWS 502a	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To develop an understanding about the role of NGOs in societal and to develop the knowledge about management of NGOs.
2. Develop the ability to identify collaborative strategies between NGOs and Government institutions

Module I:	Voluntary Action:	10 Hours
	Voluntary Action- concept need and types of voluntary action – factors motivating voluntary action. Voluntary action in pre-independent India – government policy for voluntary action in India – influence of voluntary action on social welfare and development	
Module II:	Voluntary Organizations:	12 Hours
	Voluntary Organizations- constitution and registration of voluntary organizations societies’ registration act and trusts registration act – main characteristics of voluntary, organization –structure and functions of voluntary organizations –functionaries, personnel management and capacity building in voluntary organizations. Voluntary organizations and network building. Comparison between governmental and nongovernmental organizations	
Module III:	Project Management:	12 Hours
	Project Management- project approach for development– identification and formulation of development projects- project planning, coordination and supervision – project appraisal methods- Financial resources for voluntary action – identification and mobilization of local resources –resource partnership with district administration, state and central department- international funding agencies and FCRA provisions	
Module IV:	Project implementation:	14 Hours
	Project implementation- monitoring and evaluation. Project monitoring methods and practices –project status, achievement and trend analysis-concurrent and mid-term evaluation patterns – post project evaluation patterns. Appointment of enquiry commissions and committees.	
Module V:	Emerging trends in voluntary action:	12 Hours
	Emerging trends in voluntary action: gender issues, sensitization and empowerment of women, human rights, awareness building and protection – health for all, sanitation, nutrition and health care – environmental conservation and regeneration – micro planning, PRA and participatory development. International voluntary organizations: Red Cross societies, international associations of lions clubs, OXFAM, rotary international, CARE – objectives, programmes and activities.	

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BACHELOR SOCIAL WORK
COURSE OF VSK UNIVERSITY

BSW: Semester V

BSWS 502b: COMMUNICATION AND COUNSELLING

Sub Code: BSWS 502b	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand the meaning and importance of communication in day-to-day life.
2. To focus on interpersonal communication of interviewing and allied aspects and to develop holistic understanding of counseling as a tool for help.

Module I:	Communication:	10 Hours
	Communication: meaning and importance of communication, process of communication. Key elements in the communication process- communication message, audience, channel of communication, verbal & non-verbal communication, basics of communication	
Module II:	Interpersonal communication:	12 Hours
	Interpersonal communication: interviewing- objectives, principles of interviewing, Listening, qualities of effective communicator. Seminars, conferences, lectures, group discussions, panel discussion, symposium, workshop, role playing, simulation exercises, written communication, report writing, letter writing, articles/ essay writing, games, brain storming, street play.	
Module III:	Visual aids in communication:	12 Hours
	Visual aids in communication: poster making, use of notice boards, flip charts, flash cards, photographs, pamphlets, slide shows, mass communication, television, exhibition, newspapers & magazines, advertisements radio, films, VCD/DVD. Counseling: definition, meaning & relevance of counseling as an approach of social work, ethics of counseling. Counselor as a professional – Principles of Counseling.	
Module IV:	Counseling:	14 Hours
	Counseling: Counselor – counselee relationship, process of counseling – qualities of an effective counselor – practical counseling skills, types of counseling – interrelationship between counseling and psychotherapy	
Module V:	Practice of Counseling in Different Settings:	12 Hours
	Practice of Counseling in Different Settings: Practice of counseling in family counseling centers, family courts, counseling bureau- premarital and marital counseling, vocational counseling centers, mental health centers, child guidance clinics, correctional institutions, de-addiction & rehabilitation centers, educational institutions	

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BSW: Semester V

BSWS 502c: SOCIAL WORK AND HEALTH CARE

Sub Code: BSWS 502c	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand the health situation in India.
2. To understand the various factors of affection of health care system, community, health, Policies and programs.

Module I:	Concept of Health:	10 Hours
	Concept of Health: physical, social, mental and spiritual dimensions of health – positive health – determinants of health- changing perspectives of health care and social work practice in the field of health. Concept of social medicine, preventive medicine and community health. Role of family in health and disease- importance of doctor-patient relationship.	
Module II:	Overview of Civil Laws:	12 Hours
	Communicable and Non-Communicable Diseases: Brief discussion on causes, signs and symptoms, treatment and prevention of communicable and non communicable diseases : leprosy, TB, STDs, AIDS, hepatitis A and B, cholera, typhoid and malaria, cancer, blindness, hypertension, diabetes. Accidents: raising incidents of road traffic accidents – causes, effects and management strategies for the prevention of accidents.	
Module III:	Mother and Child Health (MCH) Services:	12 Hours
	Mother and Child Health (MCH) Services: prenatal and postnatal care, immunization – School health programme, ICDS and RCH programme. Nutrition – balanced diet. Under nutrition and malnutrition. Remedial measures.	
Module IV:	Concept of Mental Health:	14 Hours
	Concept of Mental Health: Mental illness, community mental health and community psychiatry. Mental health as a part of general health. Rehabilitation, prevention of mental illness and promotion of mental health, methods and techniques and role of the social worker, individually or as part of a team of professionals and Para-professionals.	
Module V:	Health Services and Health Education	12 Hours
	Health Services: Health services at national, state, district, taluk and PHC levels – role and functions of social worker in health care. Social work practice in hospital and community. Health Education: meaning, importance and methods. National health programmes – national health policy – national and international organizations for health	

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BSW: Semester V

BSWS 502d: SOCIAL WORK WITH ELDERLY

Sub Code: BSWS 502d	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand the various challenges related to aging, healthy aging and problems of the elderly in difficult situations.
2. To identify agencies working with elderly, the different care settings and issues in working with elderly in different settings. To gain an insight into process of working with elderly.

Module I:	Aged:	10 Hours
	Aged: Definition of 'the aged', Legal, social, cultural and medical. Concept of Geriatric and Gerontology. Perception of the role of the aged in India, and in a changing socioeconomic structure	
Module II:	Physical, Social, Psychological and Economic aspects of Aged:	12 Hours
	Physical, Social, Psychological and Economic aspects of Aged: Physical: Mobility and morbidity (process of change), common illnesses, their symptoms and treatment, e.g. Rheumatism, Respiratory disorders, Diabetes, Arthritis and Parkinson's disease. Social: Changing roles and functions in the family and society. Alienation from the mainstream of in the Indian context. Psychological: Self perception by the individual and that of others in relation to the aged. Fear of dependency, loneliness, mental illness, senile dementia, fear of illness, dying and death. Economic: Reduction of income and its impact on the individual and his Family.	
Module III:	Physical and Mental Health:	12 Hours
	Physical and Mental Health: Strategies for restoration of physical and mental health. Role of family in promotion of physical and mental health.	
Module IV:	Analysis of Services:	14 Hours
	Analysis of Services: Governmental and Non-governmental, institutional and non institutional. Non-institutional services: Day-care centres, special holiday camps, outings, pre- retirement counseling, counseling for this stage of life, counseling to the family members on understanding the aged and living with them. Mobile health services, meals-on-wheels, recreation centres, senior citizens' clubs, self-employment schemes, open universities scheme and adult education (continuing education): changes in legislation, creation of employment opportunities and voluntary work for the aged in the existing structure of society: involvement of the Aged in initiating and management of their services. Community education of the Aged. Institutions for the aged in the urban and rural areas. Need to integrate the aged population with other age groups, in planning services for the Aged.	

Module V:	Legislation pertaining to the Aged:	12 Hours
	Legislation pertaining to the Aged: Pension, Provident Fund, Social Security and other Statutory Provisions and gaps in the same. Role of Social Worker in Improving the quality of life of the Aged.	

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**BACHELOR SOCIAL WORK
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BSW: Semester V

BSWOE 503: REHABILITATION AND AFTERCARE SERVICES

Sub Code: BSWOE 503:	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

- To understand the concept of handicap, rehabilitation and the scope for practice to identify the specific client categories requiring the rehabilitation services, problem specificity and rehabilitation service interventions.
- To acquire the social work skills adapted to facilitate the process of rehabilitation, the rights and legal provisions provided for differently able people and assimilate the knowledge of social work practice to disability specific client service

Module I:	Aged:	10 Hours
	Rehabilitation: Definition and scope for social work interventions; definition of Impairment, Disability, Handicap; causes of Handicap - heredity, acquired, Major illnesses - physical, neurological and psychiatric Stress, vulnerability, coping and competence to deal with handicaps; Need for comprehensive rehabilitation – psycho-social rehabilitation.	
Module II:	History, philosophy and principles of psycho-social rehabilitation;	12 Hours
	History, philosophy and principles of psycho-social rehabilitation; specific problem areas – physical handicap - vision, hearing, orthopedic, speech and language difficulties, mental retardation and others; neurological, psychiatric problems, disasters, alcohol and drug usage, terminal illnesses and any other. Intervention in rehabilitation: Assessment, planning, intervention, evaluation, tools for assessment, follow-up services.	
Module III:	Rehabilitation Settings:	12 Hours
	Rehabilitation Settings: Hospital based, day-care, night-care, quarter-way home, half- way-home, group home, hostels, long-stay homes, vocational guidance centre, sheltered workshop, occupational therapy centre, community based rehabilitation centre, home care, inclusive education and others Approaches: Therapeutic community, behavior modifications, transactional analysis and eclectic approach	
Module IV:	Practice of Social work methods in the process of rehabilitation:	14 Hours
	Practice of Social work methods in the process of rehabilitation: Case work, group work, community organization, research, administration and social action.	
Module V:	Legal provisions for differently abled people:	12 Hours
	Legal provisions for differently abled people – The Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act 1995, Rehabilitation Council of India: Formation, scope and functions, governmental policies and programmes, initiatives from the non- governmental sectors. International trends and national initiatives in the rehabilitation scenario.	

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BSW: Semester VI

BSWH 601: SOCIAL WORK WITH URBAN COMMUNITIES

Sub Code: BSWH 601	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To develop an understanding of factors associated with urbanization and its consequences and to understand the policies and programmes of urban development.
2. To acquire knowledge of various approaches to urban community development and to sensitize trainees to the need and problems of urban communities.

Module I:	Urbanization:	10 Hours
	Urbanization: concept and theories of industrialization and urbanization, impact on rural society – urbanization in modern India – ecological patterns of cities – characteristics of town, city, metropolis, suburbs, satellite town, urbanization and social institutions-urbanization and social problems. Characteristics of urban life- urban problems- urban services and deficiencies.	
Module II:	Poverty in urban areas:	12 Hours
	Poverty in urban areas. Slums: definitions- theories causes, characteristics and consequences- Indian slums in general and slums in the cities of Karnataka in particular- slum clearance and slum improvement- governmental and non- governmental measures.	
Module III:	Urban community development:	12 Hours
	Urban community development: meaning, need, scope and related concepts- urban development and urban community development. Major voluntary agencies engaged in urban community development in India with focus on urban unorganized sectors- working with voluntary agencies. Governmental organizations for development of youth, women, aged and children.	
Module IV:	Urban development policy and programmes:	14 Hours
	Urban development policy and programmes- programmes of urban development agencies - Civic administration – history and functions of local self-government in urban areas in India - Urban development authorities in Karnataka.	
Module V:	Environmental conditions of urban India:	12 Hours
	Environmental conditions of urban India – causes and types of urban pollution – waste management measures. Community participation- relevance of community organization practice. Social work with urban communities- recent development and future perspective.	

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BSW: Semester VI

BSWS 602a: POPULATION DYNAMICS AND FAMILY WELFARE

Sub Code: BSWS 602a	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand the probable causes and consequences of population phenomenon for themselves and their communities
2. To understand the various aspects related to family life and Family Welfare Programmes in India and Population Education.

Module I:	Population Dynamics:	10 Hours
	Population Dynamics: population growth – world population trends- patterns or population growth in India – sources of demographic data. Census: National Sample Survey: registration of births, deaths and marriages, components of population change fertility mortality and migration	
Module II:	Fertility:	12 Hours
	Fertility: biological determinants of fertility, incidence and causes of primary and secondary sterility. Social, economic, psychological and cultural determinants of fertility at the micro and macro levels- measurement of fertility.	
Module III:	Mortality and Migration and Urbanization:	12 Hours
	Mortality: Causes of mortality change and determinants of mortality differentials- infant mortality, child mortality and maternal mortality- components, levels, trends and determinants. Determinants of fertility and mortality at the micro level, causal relationship between fertility and mortality, components and social and economic development of the family. Migration and Urbanization- causes and consequences of migration- role of migration in population change- future of migration components- impact o migration on the family – migration and urbanization	
Module IV:	Anatomy and physiology of Reproduction:	14 Hours
	Anatomy and physiology of Reproduction: methods of contraception – medical termination of pregnancy act – clinical aspects of family planning methods, their use and effectiveness.	
Module V:	Family Welfare Programmes in India and Population Education:	12 Hours
	Family Welfare Programmes in India: components, levels of services availability: differentials in their utilization in rural and urban areas and various social and economic classes – approaches to family planning- national population policy. Role of government and non-government agencies in the promotion of family planning programmes. Population Education: needs, aims, scope and dimensions of population education. Family life education. Role of social worker in the implementation of family planning programmes	

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BSW: Semester VI

BSWS 602b: WOMEN'S EMPOWERMENT

Sub Code: BSWS 602b	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand the situation of women in India and to understand dimensions of women empowerment.
2. To understand the relevance of women empowerment in the process of sustainable development

Module I:	Status of Women in India:	10 Hours
	Status of Women in India – historical perspective (during Vedic period, medieval period and pre-independent India) status of women in independent India. Women's empowerment – need for social work services.	
Module II:	Gender Issues:	12 Hours
	Gender Issues: evidence of gender discrimination – key indicators, sex ratio, infant mortality rates, age at marriage, literacy rate – enrollment, and dropout rates in schools, education of women at different levels. Employment – organized and unorganized sectors, gender index, improved self esteem of girls and women	
Module III:	Some major issues relating to women in India Society:	12 Hours
	Some major issues relating to women in India Society: Female feticide and infanticide, Declining sex ratio, Rape and sexual abuse, Dowry and domestic violence, Female infant mortality, girl child mortality and maternal mortality, Women, politics and representation.	
Module IV:	Women and Law:	14 Hours
	Women and Law: legal enactments under the British rule, constitutional and fundamental rights, protective clauses for women. Current legal position regarding marriage, dowry, divorce, problem of violence against women outside home and inside home, restitution of conjugal rights. Legal provisions: equal remuneration, equal opportunity, women and property right.	
Module V:	Welfare programmes for women at the centre and state level:	12 Hours
	Welfare programmes for women at the centre and state level: hostel for working women, employment and income generation production programme. Women's training centers institutions, For rehabilitation of women and girls. Programmes of the department of women and child development, government of India and government of Karnataka. Women related rural development programmes. Micro credit and women empowerment, legislation pertaining to women's empowerment.	

REFERENCES:

1. Beigel, A and Levenson, A.I (Eds.): The Community Mental Health Centre, London; Basic Books, Inc. Publishers. 1972.
2. Brockbank, R and Westby Gibson, D (Eds.): Mental Health in a Changing Community, USA: Grune & Stratton, Inc. 1966.
3. Coleman, J.C: Abnormal Psychology and Modern Life, D.B. Taraporevala Sons, 1976.
4. Caplan, Gerald: An Approach to Community Mental Health, New York; Grune and Stratton.1961.
5. Page,J.D: Abnormal Psychology, New York; McGraw-Hill.1983.
6. Roberts, N: Mental Health and Mental Illness, London; Routledge and Kegan Paul.1967.
7. Verma, Ratna : Psychiatric Social Work in India, New Delhi, Sage Publications India Pvt, Ltd.
8. W.H.O: World Health Organization, Social Dimensiona of Mental Health, Geneva; W.H.O Publications.
 - National Mental Health Programme for India, 1982,
 - National Mental Health Programme for India – Progress Report 1982-83.
 - The Mental Health Act 1987.

BACHELOR OF SOCIAL WORK
COURSE OF VSK UNIVERSITY

BSW: Semester VI

BSWS 602c: SOCIAL WORK AND MENTAL HEALTH CARE

Sub Code: BSWS 602c	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. To understand the concepts 'mental health' and 'mental illness'
2. To understand the signs and symptoms, etiology, diagnosis and treatment of mental health problems.

Module I:	Mental Health:	10 Hours
	Mental Health: Concept of Mental Health, Mental Illnesses, Community Mental Health and Community Psychiatry. Mental Health as a part of General Health	
Module II:	Policies and legislations related to mental health in India:	12 Hours
	Policies and legislations related to mental health in India: its implementations –National Mental Health Programme for India.	
Module III:	Magnitude of the Problem world-wide and analysis of problem:	12 Hours
	Magnitude of the Problem world-wide and analysis of problem from different perspectives. Present mental health care services, identification of needs and related services in India and abroad.	
Module IV:	Rural and Urban Community Mental Health Programmes:	14 Hours
	Rural and Urban Community Mental Health Programmes. Yoga and other indigenous therapeutic measures.	
Module V:	Rehabilitation:	12 Hours
	Rehabilitation: prevention of mental illness and promotion of mental health, methods and techniques and role of the social worker, individually or as part of a team of professionals and Para-professionals.	

REFERENCES:

1. Beigel, A and Levenson, A.I (Eds.): The Community Mental Health Centre, London; Basic Books, Inc.Publishers. 1972.
2. Brockbank, R and Westby Gibson, D (Eds.): Mental Health in a Changing Community, USA: Grune & Stratton, Inc. 1966.
3. Coleman, J.C: Abnormal Psychology and Modern Life, D.B.Taraporevala Sons,1976.
4. Caplan, Gerald: An Approach to Community Mental Health, New York; Grune and Stratton.1961.
5. Page,J.D: Abnormal Psychology, New York; McGraw-Hill.1983.
6. Roberts, N: Mental Health and Mental Illness, London; Routledge and Kegan Paul.1967.
7. Verma, Ratna : Psychiatric Social Work in India, New Delhi, Sage Publications India Pvt, Ltd.,
8. W.H.O: World Health Organization, Social Dimensional of Mental Health, Geneva; W.H.O Publications.
 - National Mental Health Programme for India, 1982,
 - National Mental Health Programme for India – Progress Report 1982-83.
 - The Mental Health Act 1987.

BACHELOR OF SOCIAL WORK
COURSE OF VSK UNIVERSITY

BSW: Semester VI

BSWS 602d: LEGAL INFORMATION FOR SOCIAL WORKERS

Sub Code: BSWS 602d	No. of Lecture Hours per week : 04
Total Credit =04	Internal Marks : 30 and Exam Marks : 70 = 100

Objectives:

1. Develop an understanding of the processes and problems of Public Interest Litigation and legal aid to the marginalized sections of the society.
2. To acquire information on the legal rights of people and develop an understanding of the legal system and get acquainted with the process of the legal systems.

Module I:	Social Legislation and Social Justice:	10 Hours
	Social Legislation, Social Justice, Social Defense. Indian Constitution- Preamble, Fundamental Rights, Directive Principles and Fundamental Duties.	
Module II:	Indian Judicial System:	12 Hours
	Indian Judicial System: Courts- Civil Courts, Criminal Courts, Family Courts, Juvenile Courts. Prisons-, Probation, Parole, Criminal Procedure Code and Indian Penal Code Criminology.	
Module III:	Personal Laws:	12 Hours
	Personal Laws- Marriage, divorce and Adoption legislations for Hindus, Muslims and Christians, special marriage act.	
Module IV:	Legal Aid:	14 Hours
	Legal Aid, Lok Adalats, Public Interest Litigation, Human rights- Human Rights Commission, Women's Commission, child rights, Judicial Activism, Right to Information Act.	
Module V:	Laws for the Protection and Care:	12 Hours
	Laws for the Protection and Care: of Women, Children, Disabled, SC/ST Social security Legislations- Maternity Benefits Act, ESI Act, Factories Act, Workmen's Compensation Act.	

REFERENCES:

1. Sharma, Brig Kishore: Introduction to the Constitution of India, prentice hall of India Pvt. Limited, New Delhi 2007.
2. Chaudhary, Jayant : Handbook of Human Rights, Wisdom Press, New Delhi , 2004
3. Kagzi, M.C. Jain: The Constitutional of India Vol.1 & 2. -New Delhi: India Law House, 2001.
4. Pylee, M.V: Our Constitution Government and Politics, New Delhi: Universal Law Publishing, 2002.
5. Rai, Kailash: Constitutional Law of India Allahabad: Central Law Publications, 2001.
6. Bare Acts of various legislations.
7. Encyclopedica of Social Work in India.

BSW Semester Degree Examinations

Paper Code:

Paper Title:

Time: 3 Hours

Max. Marks: 80

Instruction: Answer all Sections

SECTION-A

Answer any **Ten** of the following

(10X2=20)

Q1. English version followed by
next line Kannada

Q2.

Q3.

Q4.

Q5.

Q6.

Q7.

Q8.

Q9.

Q10.

Q11.

Q12.

SECTION-B

Answer any **Three** of the following

(3X10=30)

Q13. – Q18

SECTION-C

Answer any **Two** of the following

(2X15=30)

Q19- Q22.

