



Govt. of Karnataka

BENGALURU NORTH UNIVERSITY

Prof. M. S. REDDY
Registrar

Sri Devaraj Urs Extension
Tamaka, Kolar – 563 103
Karnataka State, INDIA
Tel: +91 8152 243152
+91 8152 243153
Email : registrar@bnu.ac.in

Date: 15-06-2018

No. BNU/ YOA/A/381/2018-19

To
All the Principals of affiliated Colleges
Bengaluru North University

Sir / Madam,

Sub : Celebration of International Yoga Day on 21st June, 2018 – reg.

You are aware that, Yoga is celebrated annually on 21st June, 2018 since its inception. Realising the potential advantages of yoga, yoga practice has gained prominence throughout the world.

In the context of International Yoga Day, Hon'ble Governor and Chancellor has directed to **conduct a special programme** in all the Universities and College campuses (Copy enclosed). Hence, I was directed to inform you to organise '**Yoga Day**' with a special programme on this occasion at your College involving the students and faculty. Further, kindly forward a brief report on the nature of programme conducted at your College to the undersigned.


REGISTRAR
15/6

Copy to:

1. P.S. to Vice-Chancellor / Registrar / Registrar (Evaluation),
Bengaluru North University, Sri Devraj Urs Extension,
Tamaka, Kolar-563 103.
2. NSS Programme Officer, Bengaluru North University,
Sri Devraj Urs Extension, Tamaka, Kolar-563 103.
3. Office copy.

V.R. RAMESH
ಕರ್ನಾಟಕ ರಾಜ್ಯಪಾಲರ ವಿಶೇಷ ಕಾರ್ಯದರ್ಶಿ
Special Secretary to Governor of Karnataka



Phone : 22256030 / 22254102
Fax : 22258150
e-mail : rajbhavankarsecy@gmail.com
ರಾಜಭವನ, ಬೆಂಗಳೂರು
Raj Bhavan, Bengaluru - 560 001

D.O. No. GS 09 GUM 2018

Dated: 14-06-2018

Dear Sir / Madam,

Yoga Day, is celebrated annually on 21st June since its inception in 2015. The Movement having gained prominence with the speech of Hon'ble Prime Minister of India at the 69th session of the United Nations General Assembly (UNGA) on 27th September, 2014.

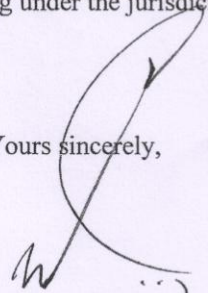
Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. By changing our lifestyle and creating consciousness, it can help in well being.

As this needs to be spearheaded at the grass roots it is presumed that the students are the right emissaries to carry forward the legacy of ancient India for generations to come.

In context to the International Yoga Day being observed on 21st June 2018 the Hon'ble Governor and Chancellor desires that a special program be conducted in the University campuses as well as the colleges coming under the jurisdiction of your University.

With regards,

Yours sincerely,


(V.R. RAMESH)
Special Secretary to Governor

To:
All Vice Chancellors of Universities
in Karnataka.